Junior/Senior High School WORKSHOP
Conflict Resolution and Active Nonviolence

❖ Welcome and Introductions

❖ (If possible) Relate topic to Mission/Vision Statement of the school

❖ Conflict:
  ~ Definition: Because all of our needs and expectations are different...conflict arises when 2 or more people think, act or express themselves differently based on their own needs and/or expectations
  ~ Conflict can be positive
  ~ There are different styles for dealing with conflict
  ~ EXERCISE and Reflection

❖ Break:

❖ Violence:
  ~ Definition: Intentional use of words, actions or physical force so as to injure, abuse, damage or destroy
  ~ Expressions of violence
  ~ Types of violence
  ~ Experiences of violence

❖ Active Nonviolence:
  ~ Definition: the use of peaceful means in an active, persistent manner to bring about social change and a means of building a community committed to the well-being of all
  ~ EXERCISE and Reflection

❖ Handout:
  ~ Hints for dealing with conflict 1-on-1

❖ Evaluation
  a. What were new learnings?
  b. What would you have liked more time to learn about and/or discuss?

❖ Closing